

# February 2013 Forecast

## **Friday, February 1, 2013**

Sign: Virgo  
Nakshatra: Chitra from 8:44 am EST, 5:44 am PST  
Tithi: Shashti  
Day: Venus

On February 1st, we have the Moon in Virgo. Virgo is ruled by Mercury, it is the sign where Mercury expresses his reflective, feminine quality. Mercury is about communication, speech, and managing all of life's details, and putting things where they belong. The Moon has been in Virgo since mid-Wednesday, so those qualities of Virgo that have to do with maintaining purity and precision in our environment, will continue on Friday.

The Moon is now in Chitra Nakshatra. This is the part of Virgo that is involved with mechanical precision, structures, and building things, as the feminine Virgo turns into the masculine Libra -- Chitra bridges these two signs. It is ruled by Vishwa Karma, the Divine Architect. So there is a quality of structure and utility in the things that are built and created in Chitra Nakshatra.

The Moon is receiving aspects from both Jupiter and Mars. These aspects are waning now, because the Moon is leaving Virgo. But this Jupiter/Mars aspect has brought together a lot of principles and action for the last couple of days, as the Moon has been transiting through Virgo. Acting in accordance with our principles, can be a very powerful creative catalyst today.

It is the 6th lunar day, called Shashti, which has a strong quality of Mars. Shashti is ruled by the God Subramania, or Katekeya, who is the youngest son of Lord Shiva. This energy leads to being victorious and celebrating our victories. This will be an important theme on Friday, which is ruled by Venus. We have Mars energy ruling the tithi, and Venus ruling the day. Venus is about beauty, appreciation, and the softer, more refined things in life.

## **Saturday, February 2, 2013**

Sign: Libra  
Nakshatra: Swati from 8:16 am EST, 5:16 am PST  
Tithi: Saptami  
Day: Saturn

On Saturday, February 2nd, the Moon moves into Libra, where it will be for the next couple of days. Libra is the masculine nature of Venus, which is the planet of aesthetics, connection, harmony, balancing our needs with the needs of others, and balancing our own heart and mind.

The Moon is now in Swati Nakshatra, ruled by the God Vayu, whose son Hanuman is the hero in the Ramayana. Vayu is the general of the army of monkeys. This is a metaphor for bringing all of our crazy monkey ideas into a concentrated form -- because usually our mind is running all over the place, undisciplined, scattered like the wind. When we bring all of that monkey-mind energy into focus for service, it becomes very powerful.

Libra is a cardinal Air sign, which is about initiating ideas. So the nature of Hanuman, and Vayu the wind who roams all over the earth, is the important energy of the day. This is a good day for public relations, advertising, other kinds of getting the word out, getting out the message about what you are doing and what you care about. Of course Libra is about initiating ideas and desires with others as well. It is a sign of relationships, so your romantic relationship will be featured, as well as all relationships with others, for the next couple of days.

Rahu and Saturn are also in Libra now, so the Moon is joining them for the next couple of days. When the Moon joins Saturn, there can be a tendency to feel a little bit depressed, or lacking psychological and emotional confidence. We'll be aware of that, this weekend, with the Moon joined Saturn in Libra. It is a good time for solitude as well. That is why, when Saturn goes through its exaltation sign of Libra for 2.5 years, we strike a healthy balance between our desire to connect with others (Libra) with our desire for solitude (Saturn). Rahu tends to bring some stress and volatility around those issues, so be aware of that.

It is the 7th lunar day, called Saptami. Saptami is ruled by the God Indra, the King of all the Gods. As the King of the Gods, he is free to roam wherever he wants to go. So it is a good day for taking trips, being on a Saturday -- and the Nakshatra Swati is also about roaming. So roam free like Lord Indra, and scatter like the wind like Swati's God Vayu.

Saturn is deeply exalted right now, so it is a great time to use the power of Saturn to connect with the deeper energy centers in the body, especially since it is Saturday, which is also ruled by Saturn. This allows us to really concentrate all that energy in the mind, take all of Libra's Air and stabilize it, concentrate it -- because Saturn is about concentrating our energy. Here we concentrate our energy on the mind itself and on the power of the mind.

### **Sunday, February 3, 2013**

Sign: Libra (Last Quarter Moon)  
Nakshatra: Vishakha from 7:27 am EST, 4:27 am PST  
Tithi: Ashtami  
Day: Sun

On Sunday the Moon is still in Libra, now in Vishakha Nakshatra. Vishakha is ruled by Jupiter. Its Gods are Lord Indra and Agni, the two big deities in the Vedas. Therefore Vishakha is a Nakshatra where there is a lot of ambition, purpose, and motivation to accomplish a righteous

goal. The Moon here brings a lot of striving, often in the public realm. This is the part of Libra that is more concerned with public ambition, with not as much desire for personal fulfillment.

You will experience that here on Sunday, which is ruled by the Sun. The Sun brings a lot of purpose into the day. As the Moon is still in Libra, you can expect to feel a desire to bring this power and ambition and motivation to others, into the realm of ideas and culture.

Indra and Agni are the Gods of fire and lightning. They are the two main heroes in the Rig Veda, and appear in the other Vedas as well. So being ruled by Jupiter, this Vishakha Nakshatra feels very mighty and heroic.

The Moon is still conjunct Saturn and Rahu. Rahu is much closer to the Moon today, so on Sunday you might feel even more of the imagined fears that Rahu tends to bring. Rahu is the future: it is where we can sense all the possibilities, but it is not present yet. If you knew that in five years, you were going to be rich and famous, or if you have any kind of ambition toward something, Rahu is where we sense it. But it is not *here* yet. We are always sensing what is coming, and this can feel rather stressful on Sunday.

It is the 8th lunar day, called Ashtami, ruled by the Eight Vasus. These are the creative forces through which we create the world. Therefore it is a very creative day, where we can use the alchemy of putting several different things together (“eight”) to create something bigger.

### **Monday, February 4, 2013**

Sign:            Scorpio  
Nakshatra:     Anuradha from 6:18 am EST, 3:18 am PST  
Tithi:           Navami  
Day:            Moon

On Monday, the Moon moves into Scorpio. The Moon is debilitated for the next couple of days. Scorpio is the feminine quality of Mars, the planet of courage, personal will, feeling personally strong, and living without limits. It rules Scorpio through its feminine emotional side. Therefore Scorpio is about emotional courage, strengthening our heart and inner will.

When the Moon is in Scorpio, we can tend to get into emotional battles, because Mars is the planet that helps us fight life’s battles. For the next couple of days, try not to get into emotional battles, because we often fight those battles with ourselves. It sounds cliché, but it is totally true. We need to fight the real enemies that are within us. We need to have the courage to really face ourselves and say “it is me,” and then sink into that emotional vulnerability, have the courage to be emotionally vulnerable with others as well as ourselves. That is true courage and power. This emotional courage comes from Scorpio.

Anuradha Nakshatra is ruled by Saturn, and the Goddess Radha, who is the most well-known devotee of Lord Krishna. Radha and Krishna are divine friends. She is his lover and great devotee. The stories of Radha and Krishna are great lessons in how to be a devotee, just like the great friend who asks nothing and is always there in support. God as a Divine Friend is a very powerful principle; this is what this Anuradha Nakshatra is referring to.

So this is a day to be a good friend. A good friend looks beyond just their own needs, and show up to serve the friend without judgment, just like God serves us without judgment. We confide our deepest sins to a friend, because we know our friend will always be there for us. Being that great friend to others and to your self, is the big lesson of Anuradha. You can feel that today on Monday, which is ruled by the Moon. As Scorpio is an emotional sign, today can be quite emotional with the day being ruled by the Moon.

The Moon is also being aspected by Jupiter, in the opposite sign of Taurus. Today and Tuesday, we get great help from Jupiter with the difficulty inherent in facing our volatile emotional state. Jupiter is about wisdom, expansion, and growth. Jupiter's aspect brings a lot of potential for healing.

It is the 9th lunar day, called Navami. This is one of the harsh lunar days, ruled by Sarpa, the serpent. Therefore it is about digging down into painful emotional realities. There could be a lot of this on Monday, with the moon in Scorpio, on a day ruled by the Moon, on the 9th lunar day. Use this energy to turn the poison into the elixir.

### **Tuesday, January 5, 2013**

Sign: Scorpio  
Nakshatra: Jyeshtha from 4:49 am EST, 1:49 am PST  
Tithi: Dhashami  
Day: Mars

On Tuesday, the Moon is still in Scorpio. Both Scorpio and Tuesday are ruled by Mars, so there is a lot of Mars energy today. We will have emotional will, and the capacity to be quite disciplined today. The helpful aspect from Jupiter continues from yesterday.

With the Moon in Jyeshtha Nakshatra, covering the latter part of Scorpio, that emotional will can turn into a will to dominate others. It is ruled by Lord Indra, King of the Gods, who gives us the courage to fight those emotional battles. In the previous Nakshatra of Anuradha, we feel sensitive; in this one, we can tend to be more vengeful, wanting to win, and conquer our emotional fears. Hopefully, that is your mindset, rather than focusing on conquering others, those whom we feel have emotionally harmed us. Watch for that tendency on Tuesday, as Mars, the ruler of the day, is the planet of fighting and victory.

We always want to win, and if we are telling ourselves that it is someone else's fault and we need to destroy them, this could be difficult. The truth is that in such an emotional battle, we only destroy ourselves; there is no external enemy. The enemy is always within, because we have no strength if we allow others to hijack our peace of mind. Therefore, fight the good fight on Tuesday with the Moon in Jyeshtha and aspected by Jupiter. There will be a great amount of help, where you can rely on your higher teachings to get you through.

It is the 10th lunar day, called Dhashami, which is ruled by the God Dharma. Dharma means truth and intelligence. You can bring a lot of intelligence to bear in this process, with the moon on the 10th lunar day.

### **Wednesday, February 6, 2013**

Sign: Sagittarius  
Nakshatra: Moola from 3:03 am EST, 12:03 PST until 10:04 pm, then Purva Ashada  
Tithi: Ekadashi  
Day: Mercury

On Wednesday, the Moon moves into Sagittarius, into Moola Nakshatra. This is where the Moon crosses the line of the galaxy and the Galactic Core. This is what Moola is; it literally means "Root" and it is the core of the galaxy, the big cluster of stars in the middle of the Milky Way.

When the Moon goes into Moola, it is rooting and uprooting our ignorance. When the Moon is in Scorpio, we can feel a lot of emotional turbulence and churning. It is where we became aware of life's fragile nature, and our inability to control things. That is why we need to become emotionally resilient in Scorpio.

After Scorpio, the Moon goes into Sagittarius, where the first Nakshatra is Moola, which uproots all that darkness. Literally, it is the root source of our life, because our Sun comes from the galactic core at the center of the galaxy. These are deep metaphors of where truth is rooted in you. The truth is that we are the celestial divine being, not a fearful being who is afraid of losing the things of the world (which is what Scorpio represents).

Sagittarius is the higher eternal grace, and the source of everything. It is ruled by Jupiter, which connects us to this higher awareness. Sagittarius expresses Jupiter's external masculine nature, the fire of the black and white truth which gives our life Vision.

When the Sun comes up, we can see where we are going. That goal is defined by Jupiter: What is the goal of our life? What is the point of it all? That is what we look for in the Jupiter philosophy. We can see it in Sagittarius, we can see the goal, and we can believe in it in a sort of black/white way: this is right, that is wrong. Therefore, there is a certain amount of judgment here, but it is the type of judgment we really need. At some point we need to say, "OK, everything is *not*

relative; I need to understand the nature of things, have discrimination, and follow a path.” That is what Sagittarius is about -- following that path.

So Moola is where we uproot the darkness of the past. That is the first part of Sagittarius. Planting new seeds is the symbol of Moola. The ruler is the Goddess Kali, who destroys darkness. In the Vedas the deity was called Nirriti, but it is represented as Kali in later myth.

There is an aspect from Saturn in Libra as the Moon goes through Sagittarius, bringing a lot of concentration, concentrated effort and awareness. Therefore these are a great couple of days to still the mind, uproot darkness, and root into truth.

Wednesday is ruled by Mercury, which is about flexibility, creativity, curiosity, and playfulness. Entrenched stress and worry are lessened on Mercury’s day.

It is the 11th lunar day, called Ekadashi. For many people, this is a day to fast and cleanse, and also to sacrifice our personal desires to the highest. This is what fasting is: it is a purification exercise and ritual, it is food for the body and food for the mind. You may do some fasting on Wednesday, February 6th. Even if you don’t give up food completely for today, just eat light, or eat something that doesn’t feel like a full heavy meal.

### **Thursday, February 7, 2013**

Sign: Sagittarius  
Nakshatra: Purva Ashada from 1:04 am EST until 10:59 pm; PST all day until 7:59 pm, then Uttara Ashada  
Tithi: Trayodashi  
Day: Jupiter

On Thursday the Moon is continuing through Sagittarius, now in Purva Ashada Nakshatra, which is ruled by Venus. The God of Purva Ashada is Apas, the ocean. This is the devotional part of Sagittarius. After we have uprooted and created a hole where we can plant new seeds in Moola, we are nurturing those seeds with the waters of love and purity in Purva Ashada.

That doesn’t mean we are actually uprooting darkness and planting purity; sometimes we plant impurity, and then we water that. Purva Ashada is the waters of truth: what we love, and how we are nurturing those things that we love. The seeds that we planted, we nurture them with love. Sometimes we plant bitter seeds, and then nurture them with love. We hang on to our bitter story -- we love it so much, we just tell it to everybody. We are so enamored with how much pain we have, and how much we have been mistreated. That is going to bear fruit in the next Nakshatra.

Purva Ashada means “early victory.” The next Nakshatra, Uttara Ashada, means “later victory,” or guaranteed victory. A result is guaranteed based on the seeds we plant, and how we nurture

that plant. This Nakshatra is nurturing the seeds you planted. You want to plant good seeds and nurture them with love and beauty, and then it will grow into a big beautiful tree.

But again, sometimes we don't even nurture the seeds. We plant very well, but we don't believe it, or only half-believe it -- so the guaranteed victory in Uttara Ashada is not so big either.

This is our life. We are always hanging out in this kind of half-commitment. We are not just going for it, we are not saying, "OK, this is the truth, I am going to plant this. I am going to put all my life into it, and then it is going to be a big thing." Instead, we often say, "I am not really sure." We hang out in this uncertain space. But the victory is guaranteed, the result is guaranteed, based on your total devotion to it. Whether you are committed or not so much, your result will be in accordance with that.

Therefore, you want to plant good seeds, nurture them with all the love in your heart, and then the victory is assured. Purva Ashada is the love of truth and the devotion to your destiny and purpose. This is why Sagittarius is about defining your purpose. The first part is uprooting: we want you to find that goal, and you stick with it because it is so beautiful, you are so devoted to it.

Thursday is ruled by Jupiter, so there is a lot of devotion possible today. Saturn's aspect from 3 houses away in Libra is still quite prominent. This gives us the ability to concentrate our efforts, to bring about a great destiny, and, ultimately, spiritual liberation. By living in truth, we can avoid being pulled in all different directions by the world and our desires.

If we are to see that is the way life is, there is no struggle. There is no reason to struggle, no reason to reject. Everything is beautiful, everything is where it is supposed to be unfolding. So just keep that in mind, keep the goal in mind, and water that goal with the deepest love in your heart.

The 13th lunar day is called Trayodashi. We missed the 12th lunar day, so in between, we have a piece of Dwadashi, the 12th lunar day. Therefore, halfway through Wednesday to halfway through Thursday, we had the 12th lunar day. This is related to the Sun, righteousness, purpose, Karma. Then, from mid-Thursday to mid-Friday, we have Trayodashi, the 13th lunar day. Its God is the Karma Deva, desires. It has a strong Venus quality, and it is a good time to fulfill your desires. With the Moon in Purva Ashada, it is a good day to pour your love and desire into what you want. With Thursday being ruled by Jupiter, there is a lot of hope, meaning, and purpose behind this process.

## **Friday, February 8, 2013**

Sign: Capricorn  
Nakshatra: Uttara Ashada all day until 8:56 pm EST; until 5:56 pm PST, then Shravana  
Tithi: Chaturdashi  
Day: Venus

The Moon goes into Capricorn for the next couple of days. Capricorn is ruled by Saturn, and it is the sign of solitude, introspection, being alone and concentrating on the truth of life, seeing beyond our delusions to see how things really are. We have a lot of delusions, so when the Moon goes to Capricorn, being emotionally mature is the big lesson. Capricorn shows the feminine, reflective side of Saturn, where we feel that sense of solitude, and we are OK with it. We don't need to run away into some immature place, in order to feel comforted.

The Nakshatra is Uttara Ashada, which is the "guaranteed victory" that I mentioned in relation to yesterday's Purva Ashada. This is where Sagittarius becomes Capricorn, which means our hopes and ideas, abstract concepts about what is true, all lead to a concrete result in Capricorn. This a tangible, concrete result that we usually make a commitment to. We commit to our philosophy. Philosophy is a Jupiter concept, who rules Sagittarius. Commitment to that philosophy is a Saturn concept, who rules Capricorn -- Saturn gives us the capacity for hard work, concerted effort toward what we think is right.

The deities of Uttara Ashada are the Vishwa Devas, the Universal Gods: Karma, Action, Time, Truth, Dharma, Desire. These are the things that make those victories assured: What are our Actions, our Desires, how well do we utilize Time -- and how do we connect all of that to Truth? These are what guarantee our victories in life. This is what Uttara Ashada is about.

There is also an aspect from Jupiter onto this Moon, coming from Jupiter's position in Taurus 9 houses away. This is very auspicious for the Maha Shivaratri which begins tonight, when we have the opportunity to worship Lord Shiva all night.

It is the 14th lunar day, Chaturdashi. The Moon is dark, almost new, it is just a little sliver in the sky now. The cycle is about to continue or regenerate. Chaturdashi is ruled by the Goddess Kali, and it is the day where we cut through the veils of illusion of this world, and connect with the other world. This is also what Maha Shivaratri is about, as well.

Friday is ruled by Venus, so there is a great Venus quality today, very much about love and devotion. It is a very devotional night, especially as Venus is also in Capricorn, joined the Moon. This makes today more devotional, and also filled with desire. There is a lot of passion, desire, and connection on this day.

## **Saturday, February 9, 2013**

Sign: Capricorn  
Nakshatra: Shravana all day until 7:03 pm EST, until 4:03 pm PST, then Dhanishta  
Tithi: Amavasya (New Moon 11:20 pm PST; 2:20 am EST Sunday)  
Day: Saturn

On Saturday, we have Amavasya, the New Moon. It is still in Capricorn, where we are learning to make peace with our emotional stresses and fears.

The Moon is now in Shravana Nakshatra, which is ruled by the Moon itself, so the Moon is in its own Nakshatra. Its deity of Lord Vishnu, the provider of the Cosmos, the one who connects all things through space and time. Therefore, Shravana is the Nakshatra where we connect through sound. Shravana literally means “hearing,” and hearing moves through space. Lord Vishnu is the provider of space in that way. This makes it a great time to sing and do mantras, and for communication and speech, and hearing the truth behind the words you hear spoken today.

Saturday is ruled by Saturn, which gives a deep connection to solitude. With the Moon also in Saturn’s sign, there is even more Saturn energy. This makes it a good day for meditation and introspection.

The lunar day is Amavasya, the New Moon, so the Moon is dark. Often when the Moon is dark, we are empty -- we feel empty, and ready to be filled with something. With Jupiter aspecting the Moon from Taurus, 9 houses away, and also conjunct the Sun and Venus, the best thing to be filled with . . . is great teaching and wisdom. That is the great promise of this day, and this weekend: make it a time to learn, teach, and be filled with wisdom.

As the Moon continues through Capricorn, it is also joined Venus, which makes it a very creative day. You can easily enjoy yourself. Anytime Moon and Venus are joined, it feels good, especially in a stable, solid sign like Capricorn. Venus is very stable here.

## **Sunday, February 10, 2013**

Sign: Aquarius  
Nakshatra: Dhanishta all day until 5:32 pm EST, until 2:32 pm PST, then Shatabhisha  
Tithi: Pratipada  
Day: Sun

On Sunday, the Moon moves to Dhanishta Nakshatra and into Aquarius. Like Capricorn, Aquarius is also ruled by Saturn, but Aquarius shows the masculine nature of Saturn. In Capricorn, we reflect and feel the truth of life, make ourselves calm and settled in our heart. But

then, in Aquarius, we want to bring that out into the world: we connect our individuality with the wider culture.

Aquarius is an Fixed Air sign. It is about communication, but the kind of communication that is stable, consistent, long-term: information distributed here is the kind that sustains through the ages. This powerful Aquarius concept includes great teachings, politics, and social structure. The “structure” comes from Saturn; the “social” comes from Air. In Aquarius, we bring those social structures out, honor and serve them, where individuality becomes less important, and a great larger course becomes more important. For the next couple of days, feel that principle: it is not about you, it is about how your individuality fits into the larger cultural scheme.

Moon is now joined Mars and Mercury. They are very close together, so there could be quite a bit of emotional and intellectual restlessness. The potential for arguing is big, and you could see some real conflicts in the world on February 10th and 11th. Places like the Middle East, where there are social battles, could be real flashpoints.

It is the 1st lunar day, called Pratipada. This is the start of a new cycle, a Capricorn-Aquarius cycle. With the Moon now on the increase, it is a good day to start new endeavors and new projects.

The Nakshatra is Dhanishta. “Dhan” means “wealth,” so it is about wealth, value, and creativity. Its deities are the Eight Vasus, which create from the raw elements of life. We create structure, we create meaning, we take a little bit of this, a little bit of that. Like when you create a cake, you take a bunch of ingredients and bake something. Everything we create is actually an extrapolation; nothing is original. We didn’t produce any of the stuff around us, or any of the ideas. We have borrowed all the ideas, but out of that, we can create something unique. We all do it, whether we know it or not.

You are a creative being. Some people are highly creative in how they create pain and problems. Some people are highly creative in how they create beauty. We all do some version of that. But have you ever noticed how someone can take the same experience as you, and have a totally different interpretation, compared to how you would see it? And they ask you, “how could you *not* see it this way?” What they are creating, is very different from what you are creating. “Dhan” means wealth and creativity: we create from all the influences around us.

This is the Nakshatra where Capricorn becomes Aquarius, where Saturn-ruled signs are joined. We take our deeply-embedded ideas about who we are, and create something socially with it. Ponder that; it is the big lesson for Sunday.

Sunday is ruled by the Sun. Both the Moon and Sun are in Dhanishta, although the Sun is about to change signs. But Sunday is a very mighty day, where we reset and recalibrate our attention toward the upcoming week and toward the deeper purpose (Sun) of our life. So shine that light of the Sun into your life on Sunday, February 10th.

## **Monday, February 11, 2013**

Sign: Aquarius  
Nakshatra: Shatabhisha until 4:30 pm EST, until 1:30 pm PST, then Purva Bhadrapada  
for rest of day  
Tithi: Dwitya  
Day: Moon

On Monday, February 11th, the Moon is still in Aquarius, which continues Saturn's influence upon enduring ideas and structures, as well as thought-systems like the sciences, politics, and social structures.

The Moon is also still joined Mercury and Mars; it is very close to both on Monday. This could be one of those aggravating days. Mercury and Mars have a conflicting relationship: Mercury is about details, and Mars is about actions. As Aquarius is an Air sign, and Air rules communication, we need to be careful of becoming impatient or irritable with information, communications, and speech while this Moon-Mercury-Mars conjunction is active.

The Nakshatra is Shatabhisha, which literally means "a hundred physicians." It is ruled by Rahu, the serpent energy, where we can turn the poison of life into a great healing elixir. There are often mysterious illnesses and pathologies that can only be cured by alternative methods. So it is a good day for deep alternative healing. Its deity is Varuna, God of the celestial rains, who separates the day from the night. From him we get the clouds, atmosphere and atmospheric power, lightning, and healing rains coming down from heaven.

It is the 2nd lunar day, Dwitya. This is all about laying foundations, and establishing structures that support the new Moon cycle. So this is a good time to implement structures, put solid things into practice.

Monday is ruled by the Moon, so you may be pretty emotional today. Be careful with the Moon-Mars-Mercury conjunction, and look for alternative ways of seeing things, communicating, and healing.

## **Tuesday, February 12, 2013**

Sign: Pisces  
Nakshatra: Purva Bhadrapada until 4:07 pm EST, until 1:07 pm PST, then Uttara Bhadrapada  
for rest of day  
Tithi: Tritiya  
Day: Mars

The Moon goes into Pisces on Tuesday. For the next couple of days, the Moon will be in the sign that is the feminine, reflective quality of Jupiter. We experienced the masculine, active quality of Jupiter when the Moon went through Sagittarius last week. Jupiter is the planet of our philosophies, principles, sense of meaning, purpose, and hope. Externally expressed through Sagittarius, it is a very fiery inspired nature. But in Pisces, we feel that expansion internally in the heart, as we connect to our cosmic metaphysical reality.

This is also quite creative and romantic; we don't have boundaries in Pisces. Not having boundaries is good in one sense, because it shows where we just mesh and accommodate; our sense of self is not as strong. But it can also lead to difficulty, because we are here to have a sense of self. This lack of boundaries could be problematic for the next couple of days. It can make us unrealistic and disappointed with life on earth, disappointed with people. Without those boundaries, we can be very easily hurt and wounded by the harshness of the world. In Pisces, it is often tempting to be too "airy-fairy", go too far, and not talk about both sides of the coin.

The Nakshatra on Tuesday is Purva Bhadrapada, which, like Pisces itself, is also ruled by Jupiter. This double-Jupiter rulership in the first part of Pisces is also quite hopeful and expansive. Purva Bhadrapada literally means "early auspicious result" or "early auspicious foot." It is symbolized by lightning striking Earth. In Purva Bhadrapada, lightning comes down from heaven, strikes our experience here on Earth, and gives us an authentic glimpse of divinity, of something beyond this world. Its deity is Aja Eka Pada, which means "one-footed goat." That one foot is the lightning strike.

There are no important aspects upon the Moon today. The Moon will just be in Pisces by itself, feeling that mystical communion and deep sensitivity.

It is the 3rd lunar day, Tritiya, ruled by Lord Vishnu. This is a good day for making adjustments, and doing things like trim your nails, shave, cut your hair.

Tuesday is ruled by Mars, which brings vitality, enthusiasm and passion to the day. The Sun also changes signs today, moving from Capricorn to Aquarius. This is an important shift, as for the next 30 days, the theme will be connecting our individuality to the collective.

### **Wednesday, February 13, 2013**

Sign: Pisces  
Nakshatra: Uttara Bhadrapada until 4:29 pm EST, until 1:29 pm PST, then Revati  
for rest of day  
Tithi: Chaturthi  
Day: Mercury

On Wednesday, the Moon is still reveling by itself in the mystical communion of Pisces, with no aspects upon it.

The Nakshatra is Uttara Bhadrapada. As Purva Bhadrapada showed us that glimpse of our metaphysical self, the glimpse of divinity called Satori, Uttara Bhadrapada takes us deeper into what that means. It is very easy to mistake that glimpse to be the goal. You will hear a lot of fanatics say, “Oh, I have seen God!” and get all jacked-up, because finally, for the first time, we have had a glimpse of our true self, beyond just living through the meat-suit. That glimpse comes from Purva Bhadrapada, and then the commitment to delve deeper into that truth happens in Uttara Bhadrapada. Here is where we can pursue enlightenment, a deeper metaphysical reality, and make it a reality in our life.

This Nakshatra is ruled by Saturn, and its deity is Ahir Budhyana, the celestial serpent. This is a snake that goes deep into the holes of our psyche and consciousness with courage. Ahir Budhyana is often paired with Aja Eka Pada, the deity of Purva Bhadrapada. One gives us the glimpse, while the serpent energy of the other gives us the power to go deeper into our weaknesses and shortcomings.

This is the 4th lunar day, Chaturthi, ruled by Lord Yama and Ganesha. They are both about consequences and obstacles. How we surmount obstacles, creates consequences and restraint. Often the 4th lunar day is a difficult one for this reason, but it is also Wednesday, ruled by Mercury. So Mercury is giving us the power of flexibility, intelligence and creativity to overcome obstacles.

### **Thursday, February 14, 2013**

Sign: Pisces  
Nakshatra: Revati until 5:38 pm EST, until 2:38 pm PST, then Ashwini for rest of day  
Tithi: Panchami  
Day: Jupiter

On February 14th, Valentine’s Day, the Moon is in the final degrees of Pisces. Jupiter is the ruler of both Pisces and Thursday, so we are receiving a powerful Jupiter divine grace.

The Moon goes to Revati Nakshatra, ruled by the God Pushan. He is the “good shepherd” that leads the soul home after the weary journey around the zodiac. The planetary ruler of Revati is Mercury, the most gentle of the planets. He is very cooperative, makes adjustments, facilitates, and tries to help all creatures.

The 5th lunar day is called Panchami. This is quite a creative day for healing. Taking medicines, starting new healing regimens, and metaphysical healing are all supported on Panchami.

With the Moon in Revati, the last Nakshatra where we are letting go of our fascination with the world and being guided home by the gentle shepherd, there is a powerful healing happening as

well. This culminates the zodiac, with the Moon in the last sign of Pisces, the sign of metaphysical connection.

### **Friday, February 15, 2013**

Sign: Aries  
Nakshatra: Ashwini until 7:33 pm EST, 4:33 pm PST, then Bharani for rest of day  
Tithi: Shashti  
Day: Venus

On Friday, February 15th, the Moon is in Aries, ruled by Mars. Aries is the masculine nature of Mars, the planet of individuality, clarity, self-will, and the courage to live with no limits, no barriers. When planets are in Aries, they are very courageous (or trying to be), and looking to express a strong individual presence. This can often lead to arguing and intensity with others. Be careful of the need to stake your individuality at the expense of others' individuality. Rather than proving yourself by dominating others, simply try to express your clear and powerful self.

The Moon in Aries will also be joined Ketu the South Node. When this happens, there could be quite a bit of emotional scrutiny and discontent with ourselves and with other people. We need to be careful of punishing ourselves, or others as an extension of ourselves. We will feel this more intensely on Saturday, but we will certainly feel it on Friday as well.

The Nakshatra today is Ashwini, the Twin Horses. They are called the healing physicians of the Gods. They have a lot of power, both physical and metaphysical. You may wonder why are horses considered physicians, what do they have to do with medicine? Horses are a symbol of vitality, energetic medicine, the energy and prana that runs through our body. Think of how powerful a horse is, it's very Mars-like. Mars is the physical body and its power, energy, and stamina. Ashwini consists of two horses full of energy and power. Once we learn to harness that power, it can be of enormous benefit. Ashwini is about connecting healing to prana and vitality.

The discontent fostered by the Moon's conjunction with Ketu will be tempered somewhat by exalted Saturn, aspecting from the opposite sign of Libra. This pulls-back the reins of Aries' impetuosity, and may make you more hesitant to lash out at others. Be careful to not be impatient and reckless in your ideas and thoughts, nor charge into situations that damage your relationships with others.

It is also Friday, ruled by Venus, a day of romance, love, beauty, and appreciation. This too could help temper some of Aries' impetuosity.

On the other hand, the 6th lunar day, called Shashti, is ruled by Mars. The deity of Shashti is Subramania, who is also Mars. It reinforces the Mars energy. There could be a lot of willfulness today. So be careful of being impetuous and impatient on Friday.

## **Saturday, February 16, 2013**

Sign: Aries  
Nakshatra: Bharani until 10:05 pm EST, until 7:05 pm PST, then Krittika for rest of day  
Tithi: Saptami  
Day: Saturn

On Saturday, the Moon is still in Aries, but in Bharani Nakshatra. The symbol of Bharani is the female reproductive system, which of course is a metaphor for creativity. After the twin horses of Ashwini, with all of their vitality and potential energy, then that energy gets expressed in a certain way. And that leads to a result, a consequence. That's why you want to get those two horses of Ashwini running in the same direction, rather than running all over the place. Scattered energy can be a problem with Ashwini.

When the Moon comes to Bharani, we feel the consequences of that. Our will penetrates reality, like a penis penetrates a vagina, and creates something, just like our will and energy penetrates existence and produces a result. That result is what we express, and we are feeling it in Bharani today.

Bharani comes from the same root word which means "to bear." Its deity is Yama, the God of restraint. Therefore Bharani shows the consequences of our actions, and how we need to bear them. Many times we are having to bear something that is unpleasant, because we are not so intelligent. We learn better when we bear the mistakes; that way, we learn to not repeat them. You could be aware of your mistakes and have to bear something difficult today. The opposition aspect of Saturn is still present (and it is also Saturn's day today), adding heaviness and showing those consequences.

It is the 7th lunar day, called Saptami. It is ruled by Lord Indra, King of the Gods, the one with all the power. You have the power to bear the difficulty of your life, and to do something good with it. Keep that in mind today.

## **Sunday, February 17, 2013**

Sign: Taurus (First Quarter Moon)  
Nakshatra: Krittika all day EST, until 10:02 pm PST, then Rohini  
Tithi: Ashtami  
Day: Sun

On Sunday, the Moon goes into Taurus. The Moon is exalted in Taurus because it has a stabilizing effect. It is debilitated in the opposite sign of Scorpio, because of that's sign's emotional restlessness, inconsistency and willfulness. The Moon is the part of us that wants to merge and connect. When the Moon is in Taurus (more than anywhere else), it is much easier to

connect, because it is ruled by Venus. Venus is about beauty and pleasure. Taurus is solid and stable and earthy. The Moon is wavering emotions, like waves and water. Taurus is Fixed Earth beneath the water.

You will feel a lot of that stability over the next couple of days. The Moon in Taurus can lead to attachments and stubbornness, but usually it stabilizes the heart. In addition, the Moon will be joined Jupiter, which brings hope into the mind, hope expansion, and teaching. These are positive attributes of the Moon in Taurus. So revel in it: feel the beauty and power of the Moon stabilized in Taurus and joined Jupiter.

The Moon is exalted in Kritika Nakshatra. Kritika is ruled by the God Agni and the Sun. The Sun exalts the Moon, because the Sun and Moon work together as a pair. The Sun illuminates the Moon; the Moon is really where all of our psychological darkness and problems exist. They exist in the Moon, and the Sun comes and illuminates those dark corners in our psyche, our mind and consciousness, and allows us to flourish and walk in the Light, rather than feel in the darkness. It gives us the warmth and clarity to cut through our emotional attachments. That is what Kritika is: it is the “cutter” where we cut through emotional attachments.

It is the 8th lunar day, called Ashtami. It is a very creative day, in that we create our reality from the different elements of life. So we pull from here, we pull from there; we create from the different parts of our psyche, the different parts of our environment. This is a very positive use of the day.

It is Sunday, ruled by the Sun, which also rules Kritika. A lot of warmth, illumination, clarity, and even hope, with the Moon joined Jupiter, is possible today.

### **Monday, February 18, 2013**

Sign: Taurus  
Nakshatra: Rohini from 1:02 am EST, all day PST  
Tithi: Navami  
Day: Moon

The fun continues on Monday with the Moon exalted in Taurus, joined Jupiter. The Moon rules Monday, and also Rohini, today’s Nakshatra. Rohini means “growing” or “growth,” referring to the growth of the Moon itself. We feel that growth in Rohini. In mythology, Rohini is the most beautiful of the wives of the Moon. Therefore, it is a good day for all kinds of creativity, but it is also where we enjoy life, enjoy being alive. When the Moon is in Rohini, we can experience the pleasures of life, creating growth, family, and enjoyment. It is also still joined Jupiter, so the Moon is very hopeful as well.

This transit of the Moon through Taurus also has an aspect from Mars in Aquarius. This was also present on Sunday, but the aspect is much tighter today. Mars brings discipline and courage to the mix. So in addition to enjoying life, it is a good day to be disciplined.

It is the 9th lunar day. Navami is one of the harsh tithis, as it is ruled by Sarpa, the serpent energy that goes deep into our psyche. The serpent Nakshatras or lunar days have a lot of potential problems because of their poison -- so transforming that poison becomes important. Therefore, be aware of your emotional responses today. You might have an intense emotional reaction to something.

Fortunately, with the stabilizing influence of Taurus, the hope of Jupiter, and the discipline and courage of Mars, it shouldn't be so difficult. It may be easier to go deeper into that emotional response to understand why your buttons are getting pushed. But it is always a little bit hard, because we hardly ever make progress with this -- let's face it. We are usually easily triggered. So be careful to not be triggered by your fears. Instead, if something comes up like that, transform it. Go deeper into your own psyche and problems, rather than project them outwards.

### **Tuesday, February 19, 2013**

Sign: Taurus  
Nakshatra: Mrigashira from 4:09 am EST, from 1:09 am PST  
Tithi: Dashami  
Day: Mars

On Tuesday, the Moon is still in Taurus, at the end of Taurus and going into Gemini on Tuesday night. It is in Mrigashira Nakshatra, symbolized by a deer's head. This is one of the more gentle Nakshatras. It has the placidity of a deer, with its curious gentle nature. But a deer is also a wild animal with a lot of vitality. It gets that vitality from its planetary ruler Mars.

Mrigashira exists between Taurus and Gemini. It is where the gentleness of Taurus, the Bull, becomes the eccentricity, intensity, and speed of Gemini mental energy. This transition happens on Tuesday, also ruled by Mars.

It is the 10th lunar day, Dashami, ruled by the God Dharma. He is about truth and righteousness. Of course you want to connect to truth and righteousness every day, but the deeper we act from a place of truth, the more we will be aware of the hand of truth. This becomes easier to sense on the 10th lunar day.

As the Moon moves from Taurus into Gemini, we will still have that solid, connected feeling halfway into the day, and later feel more intellectual. Mrigashira is also called the "wandering star" or the "searching star." Its deity is Soma, the nectar of immortality. In Mrigashira Nakshatra, we are on a utopian search for the nectar of immortality.

We also still feel the intensity of the Mars aspect, with Mars also ruling the day and the Nakshatra, as well as the Jupiter conjunction which parallels the Dharma and truth of Dashami -- but both aspects are waning now.

### **Wednesday, February 20, 2013**

Sign: Gemini  
Nakshatra: Ardra from 7:10 pm EST, 4:10 am PST  
Tithi: Ekadashi  
Day: Mercury

On Wednesday the Moon goes into Gemini, the masculine nature of Mercury, who also rules Wednesday. Mercury is the planet of intellect. He rules Gemini, a masculine Air sign, which has to do with communication, speech, and the speed of the mind to figure things out very quickly. The mind moves very fast, in fact it moves so fast that there is an illusion of something solid.

The speed of the thoughts is not the speed of the mind; they are different. We mistake the mind to be our thoughts, because the thoughts move so fast. Our mind, or what is called “manas” in Indian philosophy, is actually more related to the heart: that continuity of self which includes our continuity from the past. Our childhood and past lives are more related to the heart. That consciousness, our identity, is more a product of Feeling. But in the moment, our identity feels like our thoughts, because the thoughts are so fast.

My guru Amma uses this example: “Thoughts give the illusion of an ego, of a separate self, because they move so fast, it is like a crowd.” If we look at a crowd of people, it looks like a solid mass, but it is actually just a bunch of individuals. There are so many of them, and they are so tightly condensed, that it looks like there was a thing called a crowd.

But it is not, just like there is really nothing called the mind or the intellect; it is just so many thoughts, and they go so fast that they seem to form a coherent structure. It actually isn't; it's just a bunch of thoughts.

The reason this is important, is because meditation and real spiritual progress only happens when we slow down the thoughts. In fact, one of the most important incarnations of the Divine Mother is called Chandi. She is the one that rips the mind apart, because it rips our thoughts apart. This is literally what Chandi means. The Chandipat glorifies the Divine Mother who rips our thoughts apart so that we can see our true self. In Gemini, ruled by the fastest planet Mercury, the speed of our thoughts can seem more real than they are.

Today's Nakshatra is Ardra, ruled by Lord Rudra. This is Shiva's name in the Vedas. Ardra literally means “A Rudra.” So there is a quality of destruction and regeneration with this Nakshatra. The Moon is going through the plane of the galaxy. When you look up at the Moon on February 20th, it will be passing through the plane of the galaxy in Ardra Nakshatra.

The planetary ruler is Rahu, which is a kind of cyclone. The name Ardra means “tears” as in tear drops. It can manifest as literal tears, a flood of emotion, feeling, or an excessive amount of anything.

No important aspects today. It is the 11th lunar day, Ekadashi. Rudra is the ruler of Ekadashi as well as Ardra Nakshatra. This is definitely a good day for sacrifice and tapas. It is also Wednesday, Mercury’s day, and Mercury rules Gemini -- so Mercurial energy is stronger than usual on February 20th.

### **Thursday, February 21, 2013**

Sign: Gemini  
Nakshatra: Punarvasu from 9:53 am EST, 6:53 am PST  
Tithi: Dwadashi  
Day: Jupiter

February 21 is a Thursday. Jupiter is the ruler of the day and also of Punarvasu Nakshatra, where the Moon is now. Punarvasu means “return of the light.” The Moon is still in Gemini, but after the flood of Ardra. After the change and transformation that happens in Ardra, Punarvasu brings a bright sunny day with its return of the light. If you have ever been in an area that has a lot of humidity, and you have a torrential downpour or flash flood, afterwards you see the clear sky and sometimes even a rainbow. Punarvasu is about the clear sky after the deluge, crisp clean air, inspiration, and hope.

Its deity is Aditi, a form of Divine Mother energy. She is the mother of the Adityas, who are incarnations of the Sun. Punarvasu is where the Sun Gods take a bath. It’s a very creative, inspirational Nakshatra. Being ruled by Jupiter, it is about children, parentage, expectations and hopes, but also the disappointment you feel when expectations don’t pan out. Punarvasu is where Gemini becomes Cancer. Here, the ideas in the mind must fill us with hope, but then they need to be anchored in the heart.

No important aspects on the Moon again today. It is the 12th lunar day, called Dwadashi, ruled by the Sun. It brings consistency, clarity, and strength, so following the Sun and its consistency of purpose will be really important on Jupiter’s day, February 21st.

## **Friday, February 22, 2013**

Sign: Cancer  
Nakshatra: Punarvasu unto 12:06 pm EST, 9:06 am PST, then Pushya rest of day  
Tithi: Shashti  
Day: Venus

On Friday, the Moon moves into Cancer, and still in Punarvasu Nakshatra for the early part of the day, and then shifts into Pushya. The Moon in Cancer for the next couple of days will bring a lot of emotional connection, feeling, and anchoring in the heart. You want to be careful of some excessive emotionality, but in general, the Moon is in its own sign where it is quite functional, giving us capacity for emotional peace and connection.

Punarvasu is ruled by the deity Aditi, mother of the Adityas, the incarnations of the Sun. They bring about the transition from gathering all kinds of information, to anchoring it in the heart. Then the Moon enters Pushya, symbolized by the udders of a cow. This is the part of Cancer that is about nurturing, sustenance, motherhood, selfless love -- all the things that Cancer is famous for. This is Cancer's imperative: selfless love is at the heart of these next couple of days.

Of course, we don't have a lot of situations in life where we give selfless love to individuals, but we can give selfless love to the world. We can love the individuals in our life selflessly, but our relationship with them is usually transactional -- except for children. Even children at a certain point, after they are not babies any longer, we have to treat them like adults.

Cancer is the energy of taking care of something selflessly, like we do for our pets. This is a good time to connect with your pets. Serve in a manner where you don't expect anything in return, and do it because it is empowering -- not because you secretly (or openly) feel "Oh, I don't deserve anything." That is the shadow side of Cancer: being subservient, and not asking for what we deserve. Therefore, give selflessly and love selflessly for the next couple of days, through an empowering love. Pushya's cow udders give milk and sustain life for all creatures, not just its own calves.

It is the 12th lunar day, called Dwadashi. It is ruled by the Sun, and exhibits the Sun's sense of righteousness, truth, Dharma, and purpose. The aspect from exalted Saturn, from 10 houses away in Libra, will bring some healthy boundaries to any emotional vulnerability you might feel. Friday is also Venus's day, making it a good day for romance, love, beauty, and pleasure.

## **Saturday, February 23, 2013**

Sign: Cancer  
Nakshatra: Pushya until 1:45 pm EST, 10:45 am PST, then Ashlesha rest of day  
Tithi: Trayodashi  
Day: Saturn

At the beginning of Saturday, the Moon is still at the end of Pushya, but transitions to Ashlesha by the middle of the day. This is where the feeling of being anchored in the heart, can become stressful if all our selfless love becomes too draining. Ashlesha means “the entwiner,” and is symbolized by a coiled snake, showing us the need to be tangled up in things that are pure and righteous (sattwic). If we are not, our entanglements will create a lot of emotional pressure and stress in Ashlesha Nakshatra.

The purity of Cancer means we have to give our love like a mother’s milk, like in the previous Nakshatra of Pushya. When we try to give a mother’s milk and our selfless love to things where we also have desires -- where we say, “OK, I give you love, but I also need to get something from it. I also have my happiness, tangled happiness, and if you don’t take my love, then I am unhappy. If I can’t give you my love, then I am stressed. If I give you my love but you don’t give me anything back, then I am stressed too.” This describes the typical love interactions with other people (adults), and we tend to feel a lot of stress with them because of this.

Ashlesha shows where we are tangled-up emotionally. Even if there are no planets there, this is still a quality of Cancer. When we are tangled up in authentic, selfless love for another being, we don’t feel that stress. But when we are tangled up in a love that has our own desire attached to it, our happiness is dependent on the love of the other person, that’s where we feel the stress -- because they might take it away from us. You may be thinking, “If you take your love away from me, then what?”

But that is not pure Sattwic love. That is the relational love that is more appropriate to Venus-Libra energy, which is mutual respect -- and, just enough detachment to maintain healthy boundaries and not be too devastated if someone leaves us. But Cancer doesn’t have boundaries. (The Water signs generally, aren’t very good with boundaries.) Ashlesha shows where we are attached, coiled like a serpent around something, afraid to let go.

We need to be tangled-up in truth instead, in authentic, pure love. When we can do that, we go straight to the Source. Therefore there is a lot of power in Ashlesha -- but also the potential for immense pain and even diabolic misuse of energy. That’s why this Nakshatra is often a marker of suicide. Often when I see the charts of suicides, people had planets there or some other heavy transits going on.

Saturn is still aspecting the Moon from 10 houses away in Libra, so keep that in mind as well.

It is the 13th lunar day, called Trayodashi, ruled by the Karma Deva. This deity is about beauty, happiness, and personal pleasure. You want to find some of that today. If your approach to your own desires is purified, you won't feel the pressure and stress and pain of Ashlesha as much.

This also counters the heaviness and pressure associated with Saturn, whose day is today. Especially with the Saturn aspect onto the Moon, you will really be assessing your attachments, and maybe feel pressure to be practical and realistic about them. Big powerful day with the Moon in Ashlesha transitioning into the sign of Leo tomorrow.

### **Sunday, February 24, 2013**

Sign: Cancer  
Nakshatra: Ashlesha until 2:50 pm EST, 11:50 am PST, then Magha rest of day  
Tithi: Chaturdashi  
Day: Sun

On Sunday, the Moon is still at the edge of Ashlesha until later in the day. Therefore we will say that the Moon is in Ashlesha today as well, with the energies of Saturday carrying over. It is the 14th lunar day, close to the Full Moon, and in Cancer for most of the day. Sunday is ruled by the Sun, which gives a purifying quality of illumination, power and truth to the day. Being near the Full Moon, we are feeling full of our emotional "stuff."

The Saturn aspect from 10 houses away in Libra is still quite powerful. On Sunday you want to connect with the power of the Sun, that clarity and strength, and really try to burn through the illusion of the mind. Feel yourself as a divine parent, because that is the nature of Cancer. The mother can take on the role of the father and exhibit courage and power, as well as her more natural roles of being more vulnerable and nurturing. All kinds of different things are possible with Cancer and Leo, because they are the signs of parents. With the Moon in transition between Cancer and Leo, and especially being full and on Sunday, the divine-parent energy is amplified.

The 14th lunar day, Chaturdashi, is potentially diabolical in that it is related to destroying things. Its deity is the Goddess Kali, who cuts through the veils of illusion. This is the best use of the day: cut through the illusion of the mind and connect to the truth of who you are. The Saturn aspect will bring a lot of determination and effort toward this goal.

### **Monday, February 25, 2013**

Sign: Leo (Full Moon 3:26 pm EST, 12:26 pm PST)  
Nakshatra: Magha until 3:23 pm EST, 12:23 pm PST, then Purva Phalguni  
Tithi: Purmina

Day: Moon

Monday, February 25th, the Moon goes into Leo, and into Magha Nakshatra, for the Full Moon. Leo is ruled by the Sun, and it is the sign of the consistent power that is underneath everything: “the one without a second,” without differentiation. That undifferentiated self is most clearly seen in Leo. It is the part of us that is authentic and just wants to see the truth. There is enormous integrity here, because the truth is the source of everything, the source of the light. We feel this power of Leo for the next couple of days.

On Monday with the Moon being full, we are full of this in our mind. It is an emotional integrity we are looking for. The Sun is actually opposite this, in Aquarius. Therefore we are filled with this need for emotional integrity, and to burn through and illuminate the illusions in our mind. This lasts for the next couple of days while the Moon goes through Leo, but we especially feel it on the Full Moon. We can get kind of stuck in our emotions when the Moon is this bright, so be careful to stay grounded in your body and your routines.

Magha is the Nakshatra of royalty. It is called the “Royal Star”, and it is about lineage. The deities of this Nakshatra are the Pitris, the divine ancestors. It connects us to the lineage of our past, and it brings us into the whole family legacy. That is why it is related to royalty: the King is not elected, he takes the throne through some kind of succession. We are also a King, we come from a family that has a lineage and history. We need to create our own lineage, and reconnect to the true masters of our destiny. The celestial masters have taught everything and have embedded the wisdom of the cosmos into every cell of our being. This is our lineage. Therefore this whole divine order comes down through the millennia, into the source of our power through Magha Nakshatra. You will feel that powerful Full Moon in Magha on Monday.

We have aspects from a lot of planets that are joined the Sun in Aquarius, including Mars, Mercury, and Venus. So there is a lot of potency for the next couple of days, with all these planets aspecting the Moon and the Moon wanting emotional integrity. That is the mantra for the next couple of days.

Purmina, the Full Moon, is also ruled by the Pitris. So really connect to your divine ancestors and your authentic lineage. Monday is ruled by the Moon, so it also brings that sensitivity to life and to your heart. Leo is about integrity and power, and the Moon is aspected by four planets. So really feel your emotional state on this intense powerful day.

## **Tuesday, February 26, 2013**

Sign: Leo

Nakshatra: Purva Phalguni until 3:28 pm EST, 12:28 pm PST, then Uttara Phalguni

Tithi: Pratipada

Day: Mars

On February 26th, the Moon is still in Leo, but moves into Purva Phalguni Nakshatra, ruled by Venus. Tuesday is ruled by Mars, which brings courage, enthusiasm, and passion. This is the part of Leo where “it’s good to be the King.” You are the one who has the power, so you might get a little bit lazy and indulgent, but you also delight in the fruits of life. We are here to enjoy life. When we feel ourselves as the power, and we are enthroned on the seat of power, it is delightful. That is the imperative of this Nakshatra: we just need enough maturity to not turn that delight into hedonism, indulgence or exploitation. We may be tempted to think, “this is our birthright, we have worked for this, everything is OK the way it is -- who cares if the peasants are suffering?”

The greatness of this Nakshatra is the willingness to transcend class distinction, and show up as a force of service, regardless of whether you have more power or more money, more intelligence or whatever. Do not be disconnected from the hurt of others. That is really the greatness of Leo: a great King is one who is also incredibly humble, and authentically loves the people around him. That is you: I am not describing someone somewhere else. I am talking about you. You will see the power in those that you have dominion-over in your life. They may be your children or your underlings at work, or those where you are in a superior role. Let us say you are more intelligent, more powerful, or have more resources. How do you treat those below you? It doesn’t mean that you scream at them, but do you have a little bit of arrogance there?

I will confess, I do it at times, it is something we all have to work on. It is a natural part of human existence to know where we are in the social order. It is an enormous measure of a person, to know how they view those underneath them. How do you talk to the waiter? How do you talk to the telemarketer who bothered you? How about the person who has no other choices in life, but to take this terrible job that they have to call total strangers and get yelled at -- how do you treat them? I’ll admit, I don’t always treat them very well. This is the deeper Purva Phalguni lesson.

It is the 1st lunar day of the waning Moon, Pratipada. It is where you can know that the true source of power is not of this world. It is connected to the divine lineage. Those divine wishes sacrifice everything to incarnate for us. That is who we are. We have the capacity to sacrifice and create something of beauty based on who we truly are. That is the nature of Pratipada. It is ruled by Lord Brahma, the creator of the new cycle.

Let go of arrogance, let go of the worldly practical expression of Leo and bring it to a higher level within the practical, but a higher, more accountable expression of our true self as the source of power. The same aspects from Venus, Mercury and Mars continue today. There is a lot of intention and creativity around this lesson. Take on that regal quality of the Leo the King, and be generous with the power you have.

### **Wednesday, February 27, 2013**

Sign: Virgo  
Nakshatra: Uttara Phalguni until 3:11 pm EST, until 12:11 pm PST, then Hasta  
Tithi: Dwitiya  
Day: Mercury

On February 27th, the Moon goes into Virgo, where it will be for the next couple of days. Virgo is ruled by Mercury, showing the feminine reflective side of Mercury. This is where we have to reflect on the details, organize them in the most practical way, and structure our life accordingly. This is the quality of life where we organize our kingdom, we need to delegate and get help and assistance. This can bring difficulty at times; we can get overwhelmed by the details. Or we can take things slow, and manage and organize them and find beauty in the chaos of life.

The Moon is in Uttara Phalguni on this 2nd lunar day, Dwitiya. Both Dwitiya and Virgo are about creating structure. Uttara Phalguni is related to contracts, legalities, and official things that come from a higher source. So it is where we really start to organize the power structure in our life. Whereas Purva Phalguni was about courtship and delight, Uttara Phalguni is the official form of marriage, the structure that contains the passion and power of our life.

We we are organizing and managing those structures on Wednesday, Mercury's day. Mercury energy is good for adapting, adjusting, communicating. And Dwitiya is about organizing, making things practical and structured.

We also have a nice aspect from Jupiter from 5 houses away in Taurus. Jupiter brings grace, luck, wisdom, and intelligence to the process. That will be an important quality for this day, as well as tomorrow while the Moon is still in Virgo. There is the capacity to learn from the way we organize, and find even better means of organization. This could be a good day for doing your tax returns.

### **Thursday, February 28, 2013**

Sign: Virgo  
Nakshatra: Hasta until 2:35 pm EST, 11:35 am PST, then Chitra  
Tithi: Chaturthi  
Day: Jupiter

On Thursday, the Moon goes into Hasta Nakshatra, ruled by the Moon. The Moon is still in Virgo, which is about organizing the structures in our life. It is Thursday, ruled by Jupiter, and we still have that Jupiter aspect, so it is a powerful Jupiter day. After organizing our life, we have the divine grace from Jupiter to actually create things.

Hasta is very creative, so first we need to organize the materiality in our life, which is the power of Uttara Phalguni -- then it is possible to be creative in Hasta. If everything is a mess, you can't

create anything. This is the evolution of Virgo energy. Once you have things organized, structured, put into the right frame, then you can do something practical with them. Hasta means “hand;” this is about doing practical things with our hands.

In Hasta, the Moon is also in its own Nakshatra. So Jupiter rules Thursday, Jupiter is aspecting the Moon, and the Moon is in its own Nakshatra. This makes the energy very concentrated, and it is a good day for mantras, especially the Gayatri mantra. The deity of this day is Savitur, and Gayatri is Savitur’s mantra, a very powerful manifestation mantra.

Om bhur bhuvah svaha  
Tat Savitur varenyam  
Bargo devasya  
Dhimahi dhiyo yonah prachodayat

We actually are going through three lunar days in two days. Dwitya, the 2nd lunar day, was February 27th, then it changed to Trittya the 3rd lunar day halfway through the day. So half of today is Trittya, ruled by Lord Vishnu, God of creativity and manifestation. Then it becomes Chaturthi, the 4th lunar day, which is about managing the consequences and overcoming the obstacles of life. These three lunar days are quite related: 2, 3, and 4 are about organizing things, making adjustments, then deal with the consequences of what we have done and make adjustments again if needed. Then we can be more creative, once the 5th lunar day comes. But today, the 4th lunar day, is about overcoming obstacles, making adjustments and choosing a better course.